



CONVERSATIONS
YOU'LL FEEL GOOD ABOUT

GUIDE is an empathic communications training that empowers college faculty and staff to conduct effective student support conversations.



FACULTY-FOCUSED

The content and pedagogy of GUIDE training was informed by higher ed faculty and staff, in collaboration with expert researchers and mental health professionals.

PRACTICAL

GUIDE is delivered as one three-hour, skills-based training that engages faculty and staff in an iterative process of learning, testing, exploring and refining skills.

PROACTIVE

GUIDE complements programs focused on mental health crisis intervention – and is meant to prevent student challenges from becoming mental health crises.

WHAT TO EXPECT

For college faculty and staff who want to support student well-being without sacrificing their own, GUIDE empowers educators to conduct effective student support conversations – and to identify and engage the appropriate college services when needed.

- Learn how to identify & contextualize student needs.
- Participate in an iterative, supportive feedback process designed to prepare you for your next student interaction.
- Test, explore, and refine empathic communication skills.
- Learn how to integrate GUIDE into your class and work with students.

